Emergency essentials kit



A grab-and-go kit for vanlife in Australia.
Pack it now and keep it easy to reach.

Tap to tick and save. Print if you prefer.

Emergency in Australia? Call 000

For urgent police, fire or ambulance help, give your location or nearest landmark.
112 is a mobile-only alternative that reaches the same emergency service.
On a mobile, both numbers need coverage from at least one network.

01 Pack your kit

Keep this where you can grab it quickly.

- [ ] Drinking water and shelf-stable food
- [ ] First aid kit and essential medication
- [ ] Headtorch and spare batteries
- [ ] Phone cable and charged power bank
- [ ] Battery radio for updates + spares
- [ ] Warm layer and sturdy shoes
- [ ] ID, contact list and some cash
- [ ] Pet food, water and lead, if needed

02 Before you go

Plan for delays and limited reception.

- [ ] Check weather and local warnings
- [ ] Check road closures and fuel stops
- [ ] Download maps and carry a paper map
- [ ] Share route and check-in time
- [ ] Plan off-grid contact (UHF CB if needed)
- [ ] Pick a safe place and backup route
- [ ] Pack extra water and food for delays
- [ ] Save your roadside assistance number

Leave early if it is safe

Follow local emergency instructions and don't wait until your route is cut off.
Never drive through floodwater. Turn around and find a safe alternative.

Location apps and off-grid contact

what3words can find your three-word location offline with GPS. It can't call for help.
Life360 shares your location with trusted contacts. Live updates need a data connection.
UHF CB radio is useful for nearby contact. It has limited range, so don't rely on it alone.

MY EMERGENCY PLAN

Check-in contact / time

Safe place / backup route

Before each trip: recharge, check expiry dates and restock your kit.

BOM warnings **NSW SES kit guide** **DFES flood safety** **ACMA emergency calls**