Bathroom essentials



Stock the van, then pack a small bag for public toilets, gyms or campground showers.

Tap to tick and save. Print if you prefer.

☐ Toilet paper

I've been caught out more than once. Pack a few sheets in a dry pouch and keep a spare roll in the van.

01 Keep in the bag

For quick toilet stops or a freshen-up.

- ☐ Hand sanitiser
- ☐ Small soap or soap sheets
- ☐ Feminine hygiene products, if needed
- ☐ Tissues or a small hand towel
- ☐ Small bag for rubbish if there's no bin
- ☐ Toothbrush and toothpaste
- ☐ Deodorant

02 Add for a shower

For showers away from the van.

- ☐ Quick-dry towel
- ☐ Thongs or shower shoes
- ☐ Body wash or a soap bar in a tin
- ☐ Shampoo and conditioner
- ☐ Razor, if needed
- ☐ Clean underwear and clothes
- ☐ Bag for damp gear
- ☐ Gym access card or key fob, if needed

Save space and weight

Big bottles and bulky towels take up room and add weight in a van.
Start with what you own: refill a small bottle, pack a thin towel or reuse a washable pouch.
When you run out, consider a soap, shampoo or conditioner bar instead of a full bottle.

MY EXTRAS

Back at the van

Hang damp gear to dry and restock what you used. Bin wipes and used feminine hygiene products.
Let soap, shampoo and conditioner bars dry fully before storing them.